



**M**atjam 2007 will take place on Saturday, March 3 as both the ACC and Southern Conference will crown their wrestling champions at Reynolds Coliseum on the campus of N.C. State in Raleigh, N.C. The VMI wrestling team knows these facts because that's where their focus will be this season. Peaking at the Conference Championships is the major goal of the 2006-07 VMI wrestling team, as they look to break a two-year drought of not sending a competitor to Nationals; the first such occurrence in Coach John Trudgeon's 21 seasons at the helm of the VMI wrestling program. The experience is there, as the team returns starters at seven weight classes. The talent is there, as five of the returnees have posted at least .500 records in their career in SoCon dual meets. So expectations are high that this is the year that the Keydets start a new annual streak of winning individual Conference titles, as they did for 21 consecutive years from 1984-2004.

"As a whole, this year's team has a good group of proven leaders, as well as a great group of rats that have come in," said Trudgeon on his team's outlook for this season. "We feel we're on our way to a solid season, and we're cautiously optimistic of our chances to do just that. It has been frustrating to not be able to take anyone out to Nationals the last couple of years, and our focus this season will be on changing that. As well as we've wrestled throughout the year lately, it just seems that we haven't been able to put it together at the Conference tournament, which is a big difference compared to how our program has traditionally performed."

Entering the 2006-07 season, the question mark at 125 lbs. that the Keydets had for most of last year appears to have been answered with the return of junior **Jeremy Adams**, along with the addition of three talented freshmen in **Johnathan Pope**, **Lance Long** and **Jarrod Cartwright**. While Adams has a leg up on the other three because of his collegiate experience, expect a lot of competition between he, Pope and Long for the starting spot. Pope brought an Alabama 6A State Championship with him to VMI, however that was while competing at 103 lbs., and he will need to continue to bulk up. Long will also be in the mix following his standout scholastic career, when he became the all-time winningest wrestler in Benedictine history.

A pair of letterwinners return at 133 lbs. this season in junior **Tyler Anthony** and sophomore **Brandon Stillo**. Anthony, the team's starter in 2004-05, was injured on his way to a sixth-place finish at the Keystone Classic, and wrestled one match the rest of the season. Meanwhile, Stillo stepped in to the starting role and won ten matches while filling in for Anthony.

"We really missed Tyler last year, not only for what he could do on the mat, but he is also an outstanding, vocal leader, we just really missed his presence," said Trudgeon. "But Brandon did an admirable job filling in as a freshman. He posted a lot of good wins and wrestled some great matches. We'll let those two fight it out on the mat and see who comes out ahead for the starting spot."

For much of the past three seasons, Coach Trudgeon has been able to pencil in **David Metzler's** name at 141 lbs. However, that will not be the case this year, as Metzler plans to redshirt the season. This opens the door for a number of candidates to step in, with junior **Robert Taylor** bringing the most experience into the competition. Three freshmen will be fighting their way into contention, as **Brandon Franklin**, **Gene Allgood** and **Mike Long** each will try to make a claim to become the team's 141-pound starter.

"Robert just hasn't had a chance to wrestle much with having David in front of him, so this year will give him a great opportunity to show what he can do," said Trudgeon. "But he's going to be pushed by Brandon, Gene and Mike, all of whom have a lot of potential. Brandon placed third at the Virginia AAA State Championships and 5th at Nationals at 140 lbs., but he's having to work at coming down to make weight, while Gene and Mike are both growing into a heavier weight."

**Sam Alvarenga** returns for his senior season as the starter at 149 lbs., as he looks for his second trip to Nationals after winning the Southern Conference his freshman year. Since then, he has come up short in his attempts to repeat, but would like nothing more than to cap off his senior year in the same way he began his VMI career. Backing him up are freshmen **Randy Phillips**, **Tanner Sewell**, **Michael Hozik** and **David Bice**.

Junior **Tommy Cunningham** will once again handle the starting role at 157 lbs., as each of his first two campaigns have resulted in 20-win seasons. Consistency will be the key for Cunningham, who certainly has the tools to bring home a Conference Championship in what Trudgeon regarded as the toughest weight class in the SoCon last season. The team also returns a pair of upperclassmen who were not with the team last season, as **Stephen Partin** and **Vince Cole** will each compete at 157. They will be joined by **John Horne**, who is a novice to the sport, but is learning quickly and has shown the desire to help down the road.

Another highly-competitive weight class should come at 165 pounds, with senior **John Burton** and sophomore **Adam Underwood** battling for the starting spot. Burton, who first joined the team during the 2001-02 season before serving a two-year mission in Chile, should be able to return to full strength by mid-November following shoulder surgery over the summer. Underwood, who saw 11 matches of action as a freshman, is still learning the finer points of collegiate wrestling, but has the strength to be the man at 165 for the Keydets. Also in the mix is freshman **David Lochart**, who Trudgeon describes as a "pleasant surprise" and a "hard-worker."

A pair of letterwinners return at 174 lbs., as junior **Dustin McCabe** and sophomore **Kyle Elgert** will provide one of the team's top one-two combinations in a weight class. After wrestling at three different weight classes as a freshman, McCabe found a home at 174 last season, and continued to improve throughout the year, as his best performance came at the SoCon Championship. Elgert was forced to wrestle up a class at 184 last season, but should flourish as he returns to 174, a weight he will be much more comfortable at. Those two will be joined by freshmen **Owen Thulin** and **Kyle Jones**, each of whom placed at Virginia's State Championships last season.

"I really like where we're at with 174," said Trudgeon. "Dustin is a very aggressive, dynamic wrestler, and we're just looking for him to be able to string together some consistency, because the Never Say Die attitude is there. Kyle got thrown into a rough situation last year, but we expect a solid year from him as he gets to stay at 174. Owen and Kyle are learning every-



day at practice, and the quicker they pick up on things, they quicker they can get out on the mats and perform for us."

Flying solo at 184 lbs. is senior **Corry Murray**. A two-time runner-up at the Southern Conference Championships, Murray's goal for his senior season is simple; to bring home the elusive title and make the trip to Oklahoma City for the National Tournament.

"Nothing short of a Championship this season will satisfy Corry," said Trudgeon. "He has really benefited the most with having (former 197 lb. All-American) Chris Skretkowicz come in as our new assistant coach this year, who has been able to work with him not only on his physical and technical skills, but also with his mental game and confidence. We've only had Corry for one semester each of the past two seasons, so having him for a full year as a senior will be a great asset."

The team's biggest question mark this season comes at 197, where there are really no options currently on the roster. The lack of depth at 184 will make shuffling the lineup very difficult, and the Keydets may have to bite the six-point bullet if no candidates are found.

Returning at heavyweight for his senior campaign is **Scott Buhman**, the hands-down favorite to remain the team's starter. Buhman needs only three wins to move into the top twenty in career victories, and is another Keydet looking for a trip to Nationals to cap off an impressive career. Also competing at heavyweight are redshirt-freshman **Leon Barrow**, who is currently pulling double-duty with the football team as a defensive lineman, and junior **Erik Olson**.

"Scott comes back with a lot to prove as a fifth-year senior," said Trudgeon. "He's been so close at the SoCon Championships, and just needs to break through to win it this year. Behind him, Leon has really matured and hit the weight room hard, we're excited to see what he can do on the mat after the football season. Erik will have his opportunities to produce as well."

## Alphabetical Roster

<u>Name</u>	<u>Weight Class</u>	<u>Class</u>	<u>Hometown/Previous School</u>	<u>HS Coach</u>
Jeremy Adams	125	Jr.	Manassas, Va./Osborn Park	Mike Wilbourn
Gene Allgood	133	Fr.	Mechanicsville, Va./Hanover	Randy Hale
Sam Alvarenga	149	Sr.	Springfield, Va./Thomas Edison	Chris Summitt
Tyler Anthony	133	Jr.	Canton, Ohio/Glen Oak	Tom Milkovich
Leon Barrow	285	Fr.	Williamsburg, Va./Lafayette	Bruce Shumaker
David Bice	149	Fr.	Lynchburg, Va./Virginia Episcopal	Chris Bright
Scott Buhman	285	Sr.	Portage, Ind./Portage	Ed Pendoski
John Burton	165	Sr.	Arlington, Va./Yorktown	Scott Brooks
Jarrold Cartwright	125	Fr.	Newport News, Va./Denbigh	Chris Blazek
Vince Cole	157	Jr.	Richmond, Va./L.C. Bird	Tony Yonta
Tommy Cunningham	157	Jr.	Columbus, Ohio/Groveport-Madison	Gary Mossor
Kyle Elgert	174	So.	Glen Allen, Va./Hermitage	Kelly Guenpel
Brandon Franklin	141	Fr.	Lanham, Md./Ocean Lakes (Va.)	Jack Harcourt
John Horne	165	Fr.	Falls Church, Va./Hayfield	Roy Hill
Michael Hozik	149	Fr.	Great Falls, Va./Langley	John Belyea
Kyle Jones	174	Fr.	Ashburn, Va./Stone Bridge	Bill Bono
David Lochart	165	Fr.	Spotsylvania, Va./Spotsylvania	Joe Valasko
Lance Long	125	Fr.	Quinton, Va./Benedictine	James Clary
Michael Long	133	Fr.	Jarrettsville, Md./Harford Tech	Gary Siler
Dustin McCabe	174	Jr.	Gloucester, Va./Gloucester	Joe Boone
David Metzler	141	Sr.	Dayton, Va./Turner-Ashby	John Finchan
Corry Murray	184	Sr.	Tully, N.Y./Tully	Nick Zupan
Erik Olson	285	Jr.	Springfield, Va./Hayfield	Roy Hill
Stephen Partin	157	Sr.	Colonial Heights, Va./Thomas Dale	Ray Ward
Randy Phillips	149	Fr.	Covington, Va./Covington	Steve Dressler
Johnathan Pope	125	Fr.	Hoover, Ala./Hoover	C.T. Campbell
Tanner Sewell	149	Fr.	Rocky Point, N.C./Laney	Jake Pence
Brandon Stillo	133	So.	Phillipsburg, N.J./Phillipsburg	Rick Thompson
Robert Taylor	141	Jr.	Newport News, Va./Menchville	Chris Wiatt
Owen Thulin	174	Fr.	Lynchburg, Va./Heritage	Jason Clark
Adam Underwood	165	So.	Rocky Mount, Va./Franklin	Emanuel Brown

**Head Coach:** John Trudgeon (William & Mary '75); 22nd season

**Assistant Coaches:** Chris Skretkowicz (Hofstra '06); 1st season

# Meet The



# Keydets



## Jeremy Adams

Junior ♦ 125 lbs.

Manassas, Va./Osborn Park

**On Adams:** Expected to compete for a starting spot at 125 lbs.

**2005-06:** Was not with team.

**2004-05:** Was third on the team with 16 wins while starting at 125 lbs...Went 4-6 in dual matches and 2-2 in the Conference duals... Placed fourth at the SoCon Championships, Virginia Intercollegiates and All-Academy Championships...Also placed second at the Keydet Invitational and third at the W&L Inv'1... Collected five pins, tied for the second-most on the team.

**High School:** Holds the school record at Osborn Park for most career wins, 127...Named Team MVP as a sophomore, junior and senior...Finished his career with a 127-17 record...As a senior placed first in district and regionals and third in state...Three-time district and two-time regional winner...Placed fifth in state as a sophomore...Biology major.

### Adams' Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
04-05	16-16	4-6	2-2	0	1	5	17
05-06	Did Not Compete						
<b>Total</b>	<b>16-16</b>	<b>4-6</b>	<b>2-2</b>	<b>0</b>	<b>1</b>	<b>5</b>	<b>17</b>



## Gene Allgood

Freshman ♦ 133 lbs.

Mechanicsville, Va./Hanover

**On Allgood:** Expected to provide depth at 133 lbs.

**High School:** Four-year letterwinner at

Hanover...Four-Time Central Region Champion...Finished third at Virginia's AAA State Championship as a junior (125 lbs.) and as a senior (130 lbs.)...2006 Richmond Times-Dispatch All-Metro Wrestler of the Year, four times listed on All-Metro team...Career 177-14 record, believed to be a Central Region record...46-2 as a senior, with both losses coming to competitors ranked first and second nationally...Holds school record for most wins, most pins and highest winning percentage...Also two-time State Freestyle and Greco Roman champion...Also lettered in cross country... Four years on honor roll...Chemistry major.



## Sam Alvarenga

Senior ♦ 149 lbs.

Springfield, Va./Thomas Edison

**On Alvarenga:** Expected to start for the fourth consecutive season at 149 lbs...Active career leader in wins and winning percentage...Currently ranks 14th all-time in career win with 78...Ranks as a Battalion Staff Lieutenant in the VMI corps.

**2005-06:** Ranked second on the team with 22 wins, and led the team in winning percentage (66.7%)...Also paced the Keydets with a 10-2 mark in duals and 4-1 in the SoCon...Placed second at the State Championships, fourth at the SoCon Championships,

and tied for seventh at the Keystone Classic, all at 149 lbs.

**2004-05:** Led the team in wins (24) for the second straight season while also leading the Keydets in win percentage (68.6%)...Won the 149 lb. weight class at the Va. Intercollegiates and was second at 149 in the Keystone Classic...Placed third at the All-Academy Championships at 149...Also placed fifth at the Southern Scuffle...Went 9-3 in dual matches and 4-1 in the SoCon...Led team with six major decisions.

**2003-04:** The Keydets' most successful wrestler as a freshman... Won the Southern Conference's 149 lb. weight class and earned a trip to Nationals... Won 32 matches (32-15), most on the team... Recorded a 10-3 record in dual meets and a 3-2 SoCon record... Posted three wins by major decision and seven pins...Had second place finishes at 149 lbs. at the Virginia Intercollegiates and the All-Academy Championships...Also placed fourth at the Keystone Classic, sixth at the Southern Scuffle and won the Keydet Invitational, all coming at 141.

**High School:** Four-year letterwinner at Edison...A two-time Virginia AAA State placewinner and a state runner-up at 135 lbs. as a senior...Was the 2003 NWCA High School Open champion at 140 lbs. en route to posting a high school career record of 107-23 and earning first team All-Met honors as a senior...Economics and Business major.

### Alvarenga's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
03-04	32-15	10-4	3-2	3	0	7	38
04-05	24-11	9-3	4-1	6	0	1	29
05-06	22-11	10-2	4-1	3	0	4	38
<b>Total</b>	<b>78-37</b>	<b>29-9</b>	<b>11-4</b>	<b>12</b>	<b>0</b>	<b>12</b>	<b>95</b>



## Tyler Anthony

Junior ♦ 133 lbs.

Canton, Ohio/Glen Oak

**On Anthony:** Will look to rebound from injury suffered last season to regain starting spot at 133 lbs...Ranks as a Platoon

Sergeant.

**2005-06:** Placed sixth at the only tournament he entered, the Keystone Classic...Went 1-2 in dual matches and 4-5 overall... Wrestled only one match after injury suffered at Keystone Classic.

**2004-05:** Started for the Keydets at 133 lbs., winning 12 matches, including a 5-5 mark in dual matches and a 2-3 mark in the SoCon...Posted three technical falls and a pin...Finished third at the Va. Intercollegiates and second at the Keydet Invitational.

**High School:** Holds school records at Glen Oak most take-downs, most wins, most pins and best record... Compiled a 135-25 career record while wrestling at 103, 119 and 125... Finished third at the 2002 Freestyle State Championships and turned in third and fourth place finishes at State...Named All-Ohio three times and Academic All-Ohio...Was named Team MVP in baseball after hitting .470...Lettered one year in football, playing cornerback... International Studies major.

### Anthony's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
04-05	12-15	5-5	2-3	0	3	1	18
05-06	4-5	1-2	0-1	1	0	0	3
<b>Total</b>	<b>16-20</b>	<b>6-7</b>	<b>2-4</b>	<b>1</b>	<b>3</b>	<b>1</b>	<b>21</b>

# Meet The



# Keydets



## Leon Barrow

Freshman ♦ 285 lbs.  
Williamsburg, Va./Lafayette

**On Barrow:** Expected to provide depth at heavyweight...Also a member of the Football team, where he plays on the defensive line.

**2005-06:** Did not see action.

**High School:** Four-year letterwinner at Lafayette...Named All-District, All-Region and All-State at heavyweight for head coach Bruce Shumaker...Also lettered at nose tackle and received All-District and All-Region honors in football, while receiving the same honors in indoor and outdoor track and field in the shotput and discus...Mechanical Engineering major.



## David Bice

Freshman ♦ 149 lbs.  
Lynchburg, Va./Virginia Episcopal

**On Bice:** Expected to provide depth at 149 lbs.

**High School:** Four-year letterwinner at Virginia Episcopal...Compiled an 85-40 career record while competing at five different weight classes...Placed second at the VIC Championship and sixth at the State competition...Also lettered in soccer, golf, football and cycling...Mechanical Engineering major.



## Scott Buhman

Senior ♦ 285 lbs.  
Portage, Ind./Portage

**On Buhman:** Expected to start at 285 lbs. for the fourth season...Needs three wins to move into the top 20 in career wins at VMI.

**2005-06:** Rebounded from season-ending injury the year before to post a career-best win total as a junior, going 23-14...Also led the team with 23 wins...Lost only one match in SoCon duals, and posted a 9-3 dual record...Finished second in the heavyweight division at the All-Academy Championships...Placed fourth at the SoCon Championships, Virginia Intercollegiates and Keystone Classic...Also placed at the Nittany Lion Open.

**2004-05:** Had his junior season cut short due to injury... Competed at the Cliff Keen Las Vegas Invitational, scoring his lone win of the season.

**2003-04:** Posted 19 wins while wrestling at heavyweight... Won five matches by major decision and had four pins...Went 8-5 in dual meets and 4-1 in the SoCon ...Turned in a second place finish at the Virginia Intercollegiates and third place finishes at the All-Academy and Southern Conference Championships.

**2002-03:** Enjoyed a fine freshman campaign that was capped off by a second place finish at the SoCon Championships... Named first team all-conference... Placed third at All-Academy Championships and at Virginia Intercollegiates... Placed fourth at Keystone Classic...Took top honors at Keydet Invitational... Recorded a 22-15 overall record and a 4-1 SoCon record... Recorded four major decisions and two pins.

**High School:** Four-time letterwinner at Portage...Placed fifth in the state...Champion of the Duneland Conference...Posted a

record of 41-2 as a senior...As a junior, he was a sectional and regional champion...Won individual silver medal at Down Under Games in Australia...Also lettered three years in football...History and International Studies major.

### Buhman's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
02-03	22-15	6-4	4-1	4	1	2	28
03-04	19-13	9-5	4-1	5	0	4	35
04-05	1-4	0-2	0-0	0	0	0	0
05-06	23-14	9-3	4-1	2	0	4	36
<b>Total</b>	<b>65-46</b>	<b>24-14</b>	<b>12-3</b>	<b>11</b>	<b>1</b>	<b>10</b>	<b>99</b>



## John Burton

Senior ♦ 165 lbs.  
Arlington, Va./Yorktown

**On Burton:** Expected to provide depth and experience at 165 lbs.

**2005-06:** Did not see action.

**2004-05:** Wrestled in 12 tournament matches...Placed 3rd at the W&L Invitational at 165 lbs...Competed at 197 lbs. in the SoCon Championship...Recorded two major decisions.

**2002-04:** Traveled to Chile for a two-year mission.

**2001-02:** Wrestled in six matches at 149 lbs.

**High School:** Four-year letterwinner at Yorktown...Two-time All-State wrestler... Earned Coaches Award as a senior...International Studies major.

### Burton's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
01-02	0-6	0-1	0-0	0	0	0	0
04-05	5-7	0-0	0-0	2	0	0	0
<b>Total</b>	<b>5-13</b>	<b>0-1</b>	<b>0-0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>



## Jarrod Cartwright

Freshman ♦ 125 lbs.  
Newport News, Va./Denbigh

**On Cartwright:** Expected to provide depth at 125 lbs.

**High School:** Two-year letterwinner at

Denbigh...Team captain...Also played tennis and was a member of the Academic Challenge team...Graduated in the top 10% of his class and was named Student of the Month...Mechanical Engineering major.



## Vince Cole

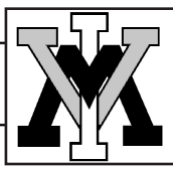
Junior ♦ 157 lbs.  
Richmond, Va./L.C. Bird

**On Cole:** Expected to provide depth at 157 lbs.

**2005-06:** Competed at the Keystone Classic and Nittany Lion Open at 149 lbs, finishing out the season at 0-3.

**2004-05:** Wrestled in three tournaments, going 4-6...Placed 4th at the W&L Invitational at 149 lbs.

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**High School:** Four-year letterwinner at L.C. Bird... Participated in the Junior Greco Nationals...A member of the Southside Wrestling Club...Also ran cross country...Civil Engineering major.



*Tommy Cunningham*

Junior ♦ 157 lbs.

Columbus, Ohio  
Groveport-Madison

**On Cunningham:** Expected to start at 157 lbs. for the third consecutive season...Holds the rank of Battalion Sergeant Major in the VMI Corps of Cadets.

**2005-06:** Posted his second 20-win season by going 20-14 overall...Earned ESPN The Magazine First Team Academic All-District honors, and was named to the NWCA All-Academic Team, one of only four SoCon wrestlers to be so honored with the sixth-highest GPA of the 68 honored wrestlers...Ranked third on the team in wins while leading the team with four major decisions and two technical falls...Also had three pins...Placed second at the Virginia Intercollegiate and All-Academy Championships, fourth at the SoCon Championships and sixth at the Southern Scuffle.

**2004-05:** Placed second on the team in wins (23) and win percentage (65.7%) while competing at 149, 157 & 165...Went 9-3 in dual matches, including a 4-0 mark at 149 & 157...Led the team in dual points won (35)...Placed 3rd at the Va. Intercollegiate at 157...Placed 4th at the All-Academy Championships and SoCon Championships, both at 165...Won the 149 lb. class of the Keydet Invitational...Ranked among the top five freshmen in the SoCon with 23 wins...Five pins tied him for third-most on the team...Four major decisions were the second-most on the team...His pin of Appalachian State's Eddie Hutchinson turned the tide as the Keydets went on to a 27-18 SoCon win (1/27).

**High School:** Placed in State four times, as high as runner-up... Named District MVP as a junior... Won the NHSCA Virginia Beach Nationals and the Ironman Tennessee competition...Compiled a 113-13 career record... Also lettered three years in football... Valedictorian...Mechanical Engineering major.

## Cunningham's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
04-05	23-12	9-3	3-2	4	0	5	35
05-06	20-14	7-5	2-3	4	2	3	28
<b>Total</b>	<b>43-26</b>	<b>16-8</b>	<b>5-5</b>	<b>8</b>	<b>2</b>	<b>8</b>	<b>63</b>



*Kyle Elgert*

Sophomore ♦ 174 lbs.

Glen Allen, Va./Hermitage

**On Elgert:** Expected to start at 174 lbs. for the second consecutive season.

**2005-06:** Started for the Keydets at both 184 and 197 lbs...Posted a major decision at the All-Academy Championships, competing at 197 lbs...Won two matches at the Nittany Lion Open, competing at 184 lbs.

**High School:** Four-year letterwinner at Hermitage... Two-time team MVP, District Champ and Regional Champ...Three-year captain while wrestling from 145 lbs. to 171 lbs...Set a school record

with 47 wins in a season...Ranks second all-time at Hermitage with 133 wins...Also lettered twice in football and was a member of the All-Region team...Competed in cross country...Grandfather played professional baseball...Won the Principal's Merit Award...Chemistry major.

## Elgert's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
05-06	5-22	1-10	0-5	1	0	0	6
<b>Total</b>	<b>5-22</b>	<b>1-10</b>	<b>0-5</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>6</b>



*Brandon Franklin*

Freshman ♦ 141 lbs.

Bladensburg, Md./Ocean Lakes

**On Franklin:** Expected to compete for a starting spot at 141 lbs.

**High School:** Three-year letterwinner at Ocean Lakes...Placed third at the Virginia State AAA Championship at 140 lbs...Also competed at the NHSCA Senior Nationals, placing fifth at 140 pounds, making him Ocean Lakes' first All-American wrestler...School recordholder with 189 take-downs in a season...Also a two-year letterwinner on the football squad...Major is undecided.



*Jon Horne*

Freshman ♦ 165 lbs.

Falls Church, Va./Hayfield

**On Horne:** Expected to provide depth at 165 lbs.

**High School:** One-year letterwinner at Hayfield, competing at 171 lbs...Competed at Junior national Freestyle/Greco Championships in Fargo, N.D...Also lettered two years in football at Hayfield...Aunt Norma Horne played basketball at George Mason...Biology major.



*Michael Hozik*

Freshman ♦ 149 lbs.

Great Falls, Va./Langley

**On Hozik:** Expected to provide depth at 149 lbs.

**High School:** Two-year letterwinner at Langley, competing at 152 lbs...Also competed in football, as a running back and defensive back, and in baseball, playing in the outfield...Economics and Business major.



*Kyle Jones*

Freshman ♦ 174 lbs.

Ashburn, Va./Stonebridge

**On Jones:** Expected to provide depth at 174 lbs.

**High School:** Four-year letterwinner at Stonebridge...Placed fourth at Virginia State

# Meet The



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AA Championships as a junior and fifth at AAA Championships as a senior at 171 lbs... NHSCA All-American...2006 MAWA Eastern National Champion...Holds school's career wins (115) and pins (55) records...Two-time team MVP and two-time district champion as well...Earned Academic Achievement Award as a member of the football team...Major is undecided.



## David Lochart

Freshman ♦ 165 lbs.

Spotsylvania, Va./Spotsylvania

**On Lochart:** Expected to provide depth at 165 lbs.

**High School:** Four-year letterwinner at Spotsylvania...As a senior, placed second in District and Region and placed eighth in the AA State competition...Three-year letterwinner in football...Eagle Scout...International Studies major.



## Lance Long

Freshman ♦ 125 lbs.

Quinton, Va./Benedictine

**On Long:** Expected to provide depth at 125 lbs.

**High School:** All-time winningest wrestler at Benedictine, claiming over 120 career victories...Claimed fifth place at the VISWA State Championship...Biology major.



## Mike Long

Freshman ♦ 133 lbs.

Jarrettsville, Md./Harford Tech

**On Long:** Expected to provide depth at 133 lbs.

**High School:** Maryland state champion as a senior at 130 lbs after twice finishing as state runner-up...Two-time regional champion and three-time county champion...Holds school and county record for career wins, posting a 144-19 mark...Also a two-time state champion as a member of the Fallston Jr. Wrestling Club...Voted Outstanding Senior Wrestler by Maryland Coaches Association...Also competed at the Virginia Duals and Disney Duals... Lettered in cross country and track.



## Dustin McCabe

Junior ♦ 174 lbs.

Gloucester, Va./Gloucester

**On McCabe:** Expected to start at 174 lbs. 2005-06: Won ten matches while competing at 174 lbs...Saw his greatest success in tournaments, placing third at the Virginia Intercollegiates, fourth at the All-Academy Championships and at the Southern Conference Championships, as well as fifth at the Keystone Classic.

2004-05: Started for the Keydets in dual matches at 165, 174 and 184...Won the 165 lb. weight class of the W&L Invitational...Placed 3rd at the Va. Intercollegiates and Keydet Invitational at

165...Posted three wins by major decision, two by pin and one by technical fall...Was one of only four Keydets to mount 12 tournament victories.

**High School:** Three-year captain...Career 116-37 record...Fourth place in state (AAA), Greco State Champion and Richmond Invitational Champion as a senior...Twice finished third in region... Twice named All-District...Three-year starter on football team...Biology major.

### McCabe's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
04-05	13-17	1-7	1-4	3	1	2	6
05-06	10-22	1-11	0-5	1	1	0	3
<b>Total</b>	<b>23-39</b>	<b>2-18</b>	<b>1-9</b>	<b>4</b>	<b>2</b>	<b>2</b>	<b>9</b>



## David Metzler

Senior ♦ 141 lbs.

Dayton, Va./Turner-Ashby

**On Metzler:** Expected to redshirt the 2006-07 season...Ranks as Regimental S-6 Captain in the VMI Corps of Cadets.

2005-06: Placed fourth at the Southern Conference Championships at 141 lbs...Co-Captain...Missed four weeks due to injury...Claimed dual victories against Duke and Gardner-Webb.

2004-05: Missed the team's final five dual matches due to a knee injury suffered against Appalachian State (1/27) in the only dual match he lost...Contributed the second-most dual points on the team despite missing five matches...Led the team with six pins...Placed 2nd at the Va. Intercollegiates and 4th at the Keystone Classic and SoCon Championships, all at 141...Third on the team in win percentage (65.2%).

2003-04: One of only two Keydet wrestlers to post 30 wins as a freshman last year...Finished 24-13 in tournament matches...Recorded six wins by major decision and eight pins...Finished second at the All-Academy Championships, third at the SoCon Championships and Virginia States and fourth at the Carolina Open...Also placed fifth at the Southern Scuffle, sixth at the Keystone Classic and third at the Keydet Invitational.

**High School:** Four-year letterwinner at Turner Ashby...Four-time district and regional champion...Placed in top six of state championships all four years, twice capturing the state championship... Valley District Most Valuable Wrestler as a senior...Biology major.

### Metzler's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
03-04	30-20	6-7	1-4	6	0	8	23
04-05	15-8	7-1	0-1	3	0	6	34
05-06	7-13	2-6	0-4	0	0	1	7
<b>Total</b>	<b>52-41</b>	<b>15-14</b>	<b>1-9</b>	<b>9</b>	<b>0</b>	<b>15</b>	<b>64</b>

# Meet The



# Keydets



*Cory Murray*

Senior ♦ 184 lbs.  
Tully, N.Y./Tully

**On Murray:** Expected to start at 184 lbs.  
**2005-06:** Joined the team in the second semester and made up for lost time, going

13-5 overall, including 6-2 in dual matches and 4-1 in the Southern Conference...Placed third at the Virginia Intercollegiate and All-Academy Championships at 184 lbs. and was the Keydets' highest finisher at the Southern Conference Championship, placing second at 184...Posted three major decisions and tied for the team lead with four pins.

**2004-05:** Excelled in dual meets, going 8-2 in such matches... Split his time between 184 and 197, going 4-1 in dual matches at each weight...Went 2-1 in the SoCon at 197...Recorded two pins.

**2003-04:** Posted an 19-16 overall record, including an 8-6 record in dual meets... Went 3-2 in SoCon matches... Recorded four major decisions, three technical falls and four pins... Came in second place at the Virginia Intercollegiate and the SoCon Championships.

**2002-03:** Took a redshirt season and did not wrestle in dual meets...Went 7-4 in tournaments, taking the 174 lb. bracket in the Keydet Invitational.

**High School:** Four-year letterwinner at Tully...Named most outstanding wrestler... Placed second in New York Sectionals as a senior and third as a junior... Recorded most wins and pins in school history... Also lettered four years in football and two years in lacrosse...Psychology major.

## Murray's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
02-03	7-4	0-0	0-0	1	0	0	0
03-04	19-16	8-6	3-2	4	3	4	35
04-05	8-8	8-2	2-1	0	1	2	32
05-06	13-5	6-2	4-1	3	0	4	23
<b>Total</b>	<b>47-33</b>	<b>22-10</b>	<b>9-4</b>	<b>8</b>	<b>4</b>	<b>10</b>	<b>90</b>



*Erik Olson*

Junior ♦ 285 lbs.  
Springfield, Va./Hayfield

**On Olson:** Expected to provide depth at 285 lbs.  
**2005-06:** Placed fourth at the W&L Inv'l. at

heavyweight...Won two matches at the Nittany Lion Open...Also competed at the Keystone Classic and Southern Scuffle.

**2004-05:** Competed in two tournaments, placing fourth at the W&L Invitational at 285...Earned both victories via pins at W&L.

**High School:** Two-year letterman at Hayfield as a heavyweight... Competed at "The Clash" and received the National High School Duals Academic Award... Received honorable mention in state science fair... Psychology major.

## Olson's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
04-05	2-4	0-0	0-0	0	0	2	0
05-06	4-8	0-0	0-0	0	0	2	0
<b>Total</b>	<b>6-12</b>	<b>0-0</b>	<b>0-0</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>0</b>



*Stephen Partin*

Senior ♦ 157 lbs.  
Colonial Heights, Va.  
Thomas Dale

**On Partin:** Expected to provide depth at

157 lbs.

**2005-06:** Did not see action.

**2004-05:** Did not see action.

**2003-04:** Finished the season 2-6, all in tournaments...Recorded one victory by major decision.

**High School:** Four-year letterwinner at Thomas Dale... Four-time district champion... Three-time state qualifier... Regional runner-up and champion while at Thomas Dale... Posted career record of 101-24... Team MVP junior and senior seasons... Business & Economics major.

## Partin's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
03-04	2-6	0-0	0-0	1	0	0	0
04-05	Did Not See Action						
05-06	Did Not See Action						
<b>Total</b>	<b>2-6</b>	<b>0-0</b>	<b>0-0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>



*Randy Phillips*

Freshman ♦ 149 lbs.  
Covington, Va./Covington

**On Phillips:** Expected to provide depth at 149 lbs.

**High School:** Four-year letterwinner at Covington...Virginia State A Champion at 145 pounds as a senior after claiming fifth place finishes in both his sophomore and junior seasons...Career record of 150-25, including records of 42-9 as a sophomore and 41-2 as a senior...Holds records for most career pins and best career record at Covington, as well as most pins in a season...Also a three-year letterwinner and second team all-district honoree in football and a three-year letterwinner and first team all-region catcher in baseball...Civil Engineering major.



*Johnathan Pope*

Freshman ♦ 125 lbs.  
Hoover, Ala./Hoover

**On Pope:** Expected to provide depth at 125 lbs.

**High School:** Won the 6A State Championship in Alabama, wrestling at 103 lbs. his senior year...Helped Hoover to three of the last four 6A State Championships...Rated as high as 11th nationally in his weight class as a senior, and also collected a runner-up finish in the Alabama 6A State Championships at 112 lbs. in his junior season...Career record of 146-23...Major is undecided.

# Meet The



# Keydets



## Tanner Sewell

Freshman ♦ 149 lbs.  
Rocky Point, N.C./Laney

**On Sewell:** Expected to provide depth at 149 lbs.

**High School:** Four-time state qualifier in North Carolina, taking sixth place at 112 lbs. at the 2003 State Championships... Also placed seventh at State Championships as a sophomore (119) and senior (140)...His 179 career victories and 109 career pins are both a county and school record...Four-year captain...Named All-Conference, All-Region and All-State...Helped Laney to over 100 dual team victories, two conference championships and two regional championships, as well as a third-place finish in the 4A state duals...Member of North Carolina National Wrestling team...Four-time Wilmington Star News All-Area Wrestling Team member...Four-time All-State Academic team...Father Alan wrestled for Chowan (1979-81)...Cameron Scholarship recipient at VMI...Also a two-year letterwinner at football and cross country...International Studies major.



## Owen Thulin

Freshman ♦ 174 lbs.  
Lynchburg, Va./Heritage

**On Thulin:** Expected to provide depth at 174 lbs.

**High School:** Placed sixth at the Virginia State AA Championships at 189 lbs...Went 23-4 as a senior... District champion, district runner-up and two-time region champion at 189 lbs...Also a two-year letterwinner in football...Twice named first team all-district and second team all-region...Major is undecided.



## Brandon Stillo

Sophomore ♦ 133 lbs.  
Phillipsburg, N.J./Phillipsburg

**On Stillo:** Expected to provide depth at 133 lbs.

**2005-06:** Started at 133 lbs. following an injury to Tyler Anthony...Placed fourth at the Virginia Intercollegiates and Southern Conference Championship...Went 2-7 in dual matches and 1-3 in the Southern Conference.  
**High School:** Four-year letterwinner at Phillipsburg...Three-time district champion, four-time regional placewinner and one-time regional champion...Compiled a 104-35 career record...Four-time Hunterdon/Warren Champion...Tenth wrestler in school history to record 100 wins...Received the Scholar-Athlete Award from the Skyland Conference...Recorded 86 pins in his career while only being pinned once...Graduated with honors...Father Frank (1981-83) and brother Frank (2000-01) wrestled at Old Dominion...Civil Engineering major.



## Adam Underwood

Sophomore ♦ 165 lbs.  
Rocky Mount, Va./Franklin Co.

**On Underwood:** Expected to provide depth at 165 lbs.

**2005-06:** Placed fourth at the W&L Invitational at 165 lbs...Also competed at the Virginia Intercollegiates, Southern Scuffle, Nittany Lion Open and Keystone Classic.  
**High School:** Four-year letterwinner at Franklin County... 2004 NHSCA All-American...Two-time Western Valley District Champion...Northwest Regional Champion and 3rd place finish at AAA State competition...41-5 record as a senior and 107-14 career record...Named All-State and team captain as a senior... Also played football, lettering two years and was named all-district...Tallied 11 sacks and 160 tackles as a senior...Father Daniel played football at Nichols State (La.)...Civil Engineering major.

### Stillo's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
05-06	10-19	2-7	1-3	1	0	1	6
<b>Total</b>	<b>10-19</b>	<b>2-7</b>	<b>1-3</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>6</b>



## Robert Taylor

Junior ♦ 141 lbs.  
Newport News, Va./Menchville

**On Taylor:** Expected to provide depth at 141 lbs.

**2005-06:** Competed in the 149 lb. weight class at the W&L Invitational.  
**2004-05:** Did not see action.  
**High School:** Four-year letterman while competing at four different weight classes... Graduated with high honors from Menchville... Mechanical Engineering major.

### Underwood's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
05-06	2-9	0-0	0-0	0	0	0	0
<b>Total</b>	<b>2-9</b>	<b>0-0</b>	<b>0-0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

